

Agenda for Kitchen and Bathroom Remodeling Class

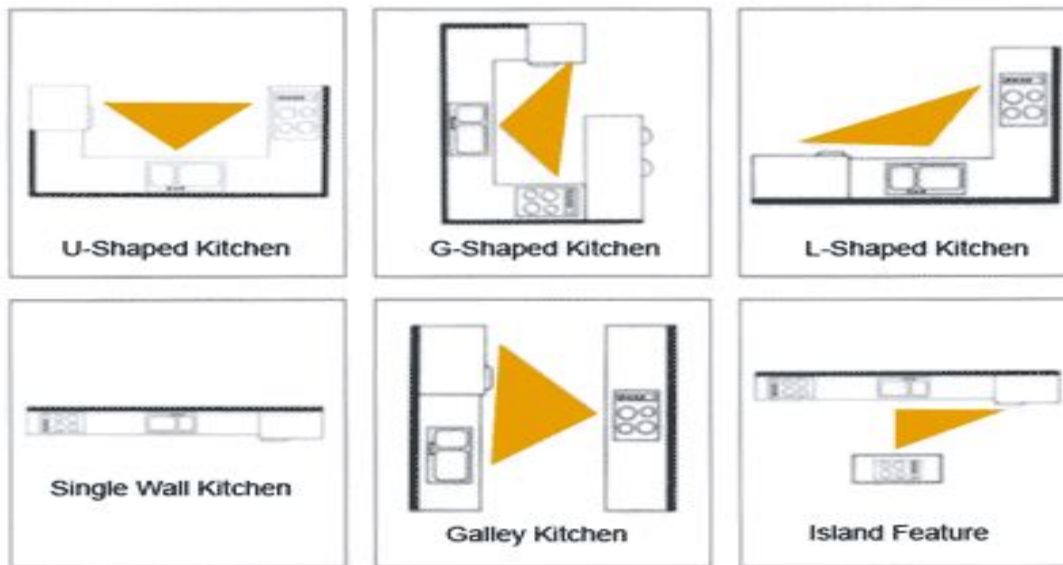
Mindful Kitchens: Summer 2019

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Some typical kitchen shapes and work triangles



Work stations:

- Prep
- Cooking
- Cleaning

Materials:

Cabinetry: wood, door styles, painted

Countertops: quartz, granite, soapstone, marble

Flooring: wood, exotic hardwoods, laminate, LVT

Tile: ceramic, porcelain

Lighting: task, ambient, mood

Time and Cost saving tips

- **Keeping plumbing in the same spot**
- **Make decisions final**
- **Work with professionals**
- **You can do some of the work yourself, sometimes people will do the demo**

Advantages of working with a designer

- **Clear concise plans**
- **Professional measures**
- **Project management is a phone call away which leads to clear and real time communication**
- **Respect to homes and the people and pets in your home!!!!!!**
- **Problem solving is our job**
- **Relationship**

Questions to ask yourself during the planning stage

- **What is my budget?**
- **What do I love about my home? And what needs to be different?**
- **Who uses the space and for what?**
- **Entertaining style**
- **What is my decorating style?**
- **Open Concept: Do I like guests in my work space? Do I like the kitchen visible to the living area?**

- How long do I plan to live in this home?
- What kind of cooking happens in this space?
- How do we make the kitchen blend with the rest of the house
- Kitchens and bathrooms have the most accidents, how do I add in safety features?
- What are full access cabinets vs traditional cabinets?
- What storage accessories do I want?
- Islands and peninsulas need clearance around, be careful about appliance placement
- Both are used as a divider and can add a useful workspace for another person
- Fun to mix it up with either different countertops or different cabinet materials

Storage considerations for the kitchen

- Small appliances
- Food storage
- Dishes, flatware and glassware
- BBQ tools
- Food storage
- Kitchen linens

Trends

- Less granite, more quartz
- Open floor plans
- Simple lines in the cabinetry
- White cabinets continue to be the biggest seller
- Wood flooring, LVT, laminate
- Lack of clutter on countertops
- Bringing the outdoors in if possible
- Open shelving in place of some or all upper cabinets
- Glass doors help bounce light around

Colors:

- **Gray is still a big seller but we are seeing a warmer tone in wood and blues in cabinetry**
- **Colors are back especially in accessories, furnishings and tile**
- **We can do unlimited color choices~check out the fandecks but we can do custom paint matching as well.**

Bathrooms:

- **Bigger tiles, less grout**
- **Soaking tubs vs a whirlpool tub**
- **Step in showers if possible**
- **Countertops should be both stain and heat resistant**
- **Today's bathrooms have a spa feel**
- **Safety**
- **Enough space to maneuver**
- **GFCI outlets**
- **Exhaust fans**
- **Seal the grout**
- **Choose smaller tile for the shower floor or a trench drain and larger tile**
- **Mirrors are big and framed to match the cabinetry**
- **Cabinetry should coordinate with the rest of the house but does not need to match**
- **As with the kitchen it's nice to have task lighting and overhead lighting.
Lighting in the shower**
- **Grab bars!!**

Process of a typical remodel 6 - 10 weeks depending on scope of project, Order of the work but subject to change do to variables on job site

- **Design concepts**
- **Estimating**
- **Prepping for demo**
- **Demo**
- **Framing**
- **HVAC, plumbing, initial electrical work**
- **Drywall**
- **Paining**
- **Cabinets**
- **Flooring**
- **Counters**
- **Trim**
- **Finish painting**
- **Install fixtures and hook up plumbing**

Return on Investment with a remodeling project:

Useful Websites:

- www.pinterest.com
- www.houzz.com
- www.mindfulkitchens.com

